

Carolina Coastal Adventures

Safety Rules & Procedures

- **Staff Certifications**
 - Wilderness First Aid & CPR
 - American Canoe Association Certified Kayak Instructors
 - American Red Cross Life Guards
 - Environmental Educators of North Carolina
 - Complete 150 hours of training and certifications
- **Weather**
 - **On Water Activities**
 - Winds not to exceed 15mph.
 - Do not go out if small craft advisory has been issued.
 - Do not go out if the combined temperature of the air and water add up to less than 100 degrees.
 - **Land/Water Activities**
 - Do not go out if the activity is not going to be safe or enjoyable.
 - Do not go out if any lightning has been reported or seen in the area.
 - Do not go out if thunderstorm watch is in effect for our immediate area.
 - Activities may be postponed until the weather passes.
 - **Internet Weather Sites**
 - Close monitoring of several internet weather sites well before and during the activities
 - www.accuweather.com
 - www.intellicast.com
 - www.weather.com
- **Instructor to Student Ratios**
 - On water kayak: 8 kayaks to one instructor
 - On water surf: 4 to 1
 - On land: 25 to 1 or less for lectures and demonstrations or 12 to 1 or less for certain activities; depends on nature of activity/program and the number of chaperones.
- **Emergency Procedures**
 - Every instructor carries the following in the event of an emergency
 - Mobile Phone
 - First Aid Kit
 - Emergency Contact Numbers
 - Safety Gear for Designated Activity
 - **Safe Location of Activities**
 - Location of Activities are within the boundaries of:
 - The Carolina Beach State Park
 - The Fort Fisher Recreation Area
 - The Ft. Fisher Aquarium
 - The Ft. Fisher Historical Site
 - Carolina Coastal Adventures Facility
- **Participant Regulations**
 - All participants must wear:
 - Proper Shoes; No Flip Flops
 - Personal Flotation Device (vest) for on water activities
 - Proper clothing for weather (see what to wear/bring/expect)
 - All participants must complete a health form and sign a waiver (by parents if a minor)